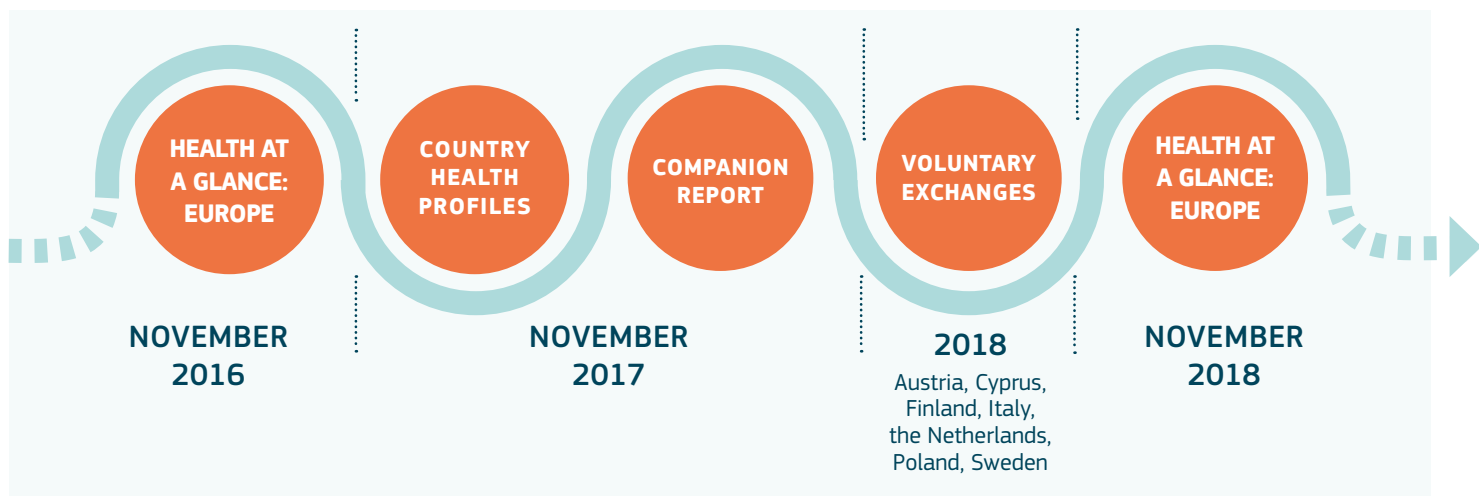








# STATE OF HEALTH IN THE EU

## Pooling expertise, strengthening knowledge

Deliverables of the **knowledge cycle**, in support of EU Member States






## Making the case for smarter investing in health: highlights of “Health at a Glance: Europe 2018”

 <p>Health spending accounts for <b>9.6% of GDP</b></p>	 <p><b>Up to one-fifth of health spending is inefficient</b> and could be used for other care needs</p>	 <p><b>1 in 6 people has a mental health issue</b></p>
 <p>Low income households have <b>5 times higher unmet</b> care needs than high income</p>	<p>Unnecessary admissions consume over <b>37 million hospital bed days</b> each year</p>	<p>Direct and indirect costs adding up to more than <b>4% of the GDP</b> (over EUR 600 billion)</p>

## PREVENTION REMAINS A PRIORITY

MORE THAN 790 000 DEATHS PER YEAR DUE TO BEHAVIOURAL RISK FACTORS

 <p><b>20% ADULT EU CITIZENS ARE SMOKERS</b></p>	 <p><b>38% ADOLESCENTS REPORTED BINGE-DRINKING</b></p>	 <p><b>1 IN 6 ADULT EU CITIZENS ARE OBESE</b></p>
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